Narcolepsy can be socially disabling and isolating.¹,²

Narcolepsy can have a significant impact on the lives of your patients. People living with narcolepsy may experience problems with employment and work productivity, interpersonal relationships, and psychological well-being.² These questions may help you gain insight into the impact of symptoms on your patients who are living with narcolepsy.

What is the impact of narcolepsy on daily activities?³,⁴
- Hygiene and self care (e.g., bathing)³,⁵
- Watching a program or movie without dozing³,⁴
- Sitting and reading without feeling sleepy²,³
- Falling asleep during a conversation⁶

What is the impact of narcolepsy on neurocognitive functioning?²,⁵
- Remembering things or concentrating⁷
- Making poor decisions²
- Ability to stay focused on a task²,⁸

What is the impact of narcolepsy on driving or occupational safety?¹,⁵
- Operating a motor vehicle/driving¹,⁵

What is the impact of symptoms on mood or mental health?²,⁶
- History of psychiatric symptoms (e.g., depression, anxiety, or ADHD)⁹,¹⁰
- Mood (e.g., sadness, embarrassment, or irritability)⁴,⁵
- Ability to experience a full range of emotions⁵

What is the impact of symptoms on social functioning?²,⁵,⁹
- Interacting with family and friends⁵
- Making and keeping plans¹¹
- Interpersonal or intimate relationships⁴

What is the impact of symptoms on neurocognitive functioning?²,⁵
- Interacting with family and friends⁵

What is the impact of symptoms on mood or mental health?²,⁶
- Ability to experience a full range of emotions⁵

What is the impact of symptoms on social functioning?²,⁵,⁹
- Interpersonal or intimate relationships⁴

What is the impact of symptoms on productivity?²,⁵
- Academic performance⁶
- Employment and career⁶

Tell your patients there’s more to know about the impact of their symptoms at KnowNarcolepsy.com